

WHERE TO CALL FOR HELP

Kids Help Phone www.kidshelpphone.ca	1-800-668-6868
Teen Crisis Line - 24 hrs/7 days a week.....	905-878-9785
ROCK Centre (<i>Reach Out Centre for Kids</i>) Burlington.....	905-632-9377
Milton/Oakville www.rockonline.ca	905-875-2575 / 905-849-6366
Oakville Distress Centre.....	905-849-4541
Halton Regional Police.....	905-878-5511 / 905-825-4777
<u>Health Information/Referral/Support</u>	
Halton Health Dept. - Oakville, Milton, Burlington.....	905-825-6000
Halton Hills.....	1-866-442-5866
Sexual Health and Needle Exchange Program.....	905-825-6065
(identify your City/Town for correct extension).....	1-866-442-5866
Canadian Mental Health Association –Halton Region.....	1-877-693-4270
AIDS and Sexual Health Info Line.....	1-800-668-2437
Telecare Burlington Line - 24 hrs.....	905-681-1488
Halton Organization for Pride and Education (HOPE) www.haltonpride.org	
Halton Children’s Aid Society (under 16 years) - 24 hrs	1-866-607-5437
Halton Multicultural Council.....	905-842-2486
<u>Assessment Counselling</u>	
Halton Mental Health Assessment	905-825-6000 / 1-866-442-5866
Halton Family Services.....	905-845-3811
Access Counselling & Family Services	905-637-5256
<u>Local Hospitals</u>	
Joseph Brant Memorial Hospital (Burlington).....	905-632-3737
Oakville Trafalgar Memorial Hospital.....	905-845-2571
Milton District Hospital.....	905-878-2383
Georgetown Hospital.....	905-873-0111
<u>Alcohol and Drug</u>	
ADAPT (Alcohol, Drug & Gambling Assessment, Prevention and Treatment)	
Burlington.....	905-639-6537
Oakville/Georgetown.....	905-847-6547 / 905-873-2993
Ontario Drug and Alcohol Registry of Treatment	1-800-565-8603
Centre for Addiction and Mental Health	1-800-463-6273
<u>Sexual Assault</u>	
Halton Sexual Assault Centre - 24hrs	905-875-1555
Nina’s Place (Sexual Assault Centre at Joseph Brant).....	905-632-3737 ext 5708
Support Counselling (upon request).....	905-825-3622
Halton Trauma Centre.....	1-800-663-9888
<u>Emergency Shelter/Food</u>	
Salvation Army Halton Region Shelter	905-825-6000
Salvation Army Family Services Burlington	905-637-3893
Oakville.....	905-339-2918
Milton/Georgetown.....	905-875-1022 / 905-877-1374
Halton Lighthouse - Youth and Adult Shelter....	905-339-2918
Halton Women’s Place - 24 hrs.....	905-878-8555 / 905-332-7892